

Soothing Lotion with Colloidal Oatmeal & Ceramides

(Sample Recipe for Colloidal Oatmeal)

Soothing Lotion with Colloidal Oatmeal & Ceramides		
Phase A	Weight %	Weight or Volume
Meadowfoam Seed Oil (emollient)	8%	16g/0.6oz or 1 Tbsp
Macadamia Nut Oil (emollient)	6%	12g/ 0.4oz or 1 1/4 tsp
CreamMaker Blend (emulsifier)	3%	6g/0.2oz or 3/4 Tbsp
Cetyl Alcohol (thickener)	2%	4g/0.1oz or 1/2 Tbsp
Ceteareth-20 (emulsifier)	2%	4g/0.1oz or 1/2 Tbsp
Tocopherol (anti-oxidant)	0.2%	0.4ml/or 9 drops
Phase B		
Distilled Water (diluent)	66.3%	132.6g/4.8oz or 1/2 cup 2 tsp
Colloidal Oatmeal (active ingredient)	2%	4g/0.1oz or 1 1/4 tsp
Glycerin (humectant)	5%	10g/0.4oz or 2 tsp
Xanthan Gum (thickener)	0.5%	1g/ or 1/4 tsp
Phase C		
Lacto-Ceramide (active ingredient)	4%	8g/0.3oz or 1 3/4 tsp
Benzyl Alcohol/DHA (Preservatives)	0.8%	1.6g or 35 drops
Fragrance Vanilla-Floral Musk	0.2%	0.4g or 9 drops
Method		
Add phase A into a disinfected heat resistant glass beaker and stir the ingredients. Add phase B to another heat resistant glass beaker, (sprinkle the colloidal oatmeal into the water and mix well to dissolve it, do the same with the xanthan gum and mix well to avoid the formation of lumps). Heat both beakers to 150F/65C until the solid ingredients are melted. Add phase A to phase B and mix very well. Remove from the heat and continue to stir until the lotion is uniform. Cool to 100F/40C stir frequently. Add phase C to phase A/B and stir again well. Fill into lotion bottle.		
Properties		
Lotion with nourishing emollients and soothing ingredients such as colloidal oatmeal and ceramides to regenerate damaged/irritated skin.		

Makes about 4-5 ounces. For more information, please contact:

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