




ORIGIN		
Shea butter <i>Butyrospermum parkii</i> originates from West Africa.		
OBTAINING THE OIL		
Refined shea butter is made by mechanical cold press which is the only way to keep and protect the vitamins contained in the product.		
RECOMMENDATION		
Shea butter Application: The first thing to learn about shea butter is that it has to be liquefy before application. Here is how to proceed:		
		
<i>Use a small amount of sheabutter</i>	<i>rub it in your hands to allow the butter to melt</i>	<i>until it becomes liquid, then apply on skin</i>
USES		
HAIR Brings softness and vitality. To protect your hair use shea butter as a mask: the day before shampoo massage the scalp using the equivalent of a big nut of sheabutter. Wrap in a warn towel around your head. keep for an hour minimum. Sheabutter can also be use after shampoo to give shininess especially for dry hair.		
FACE Brings elasticity thanks to its unsaponifiable elements and vitamin E. Massage 5 to 10mn on inert areas. superficial skin layers really need hydratation. When the weather is cold protect your lips with sheabutter. Apply until well penetrated and only a satin aspect remains.		
BODY A fast way to do good to your entire body is to melt a spoon of sheabutter in your hot bath. To relax, massage arms and thigh. Immediate wellbeing sensation guarranty.		
LOCAL APPLICATION Ideal after shaving or waxing. Soothing effect. Prevent from razor burn.		
BABY Rash prevention with a daily application		
SUN As your skin suffers during the summer, use shea butter as a complement of your sun screen and apply before and after sun exposure. It will help you get a beautiful and uniform sun tan that lasts.		
SPORT Use shea butter from head to toes especially on heels, knees and elbows. Before an effort : shea butter accelerates warm-ups. Afterwards Shea butter helps drain toxins from sore muscles for a faster recovery		