



Hyaluronic Acid Mixing Instructions per the Manufacturer

Hyaluronic Solution Preparation: To prepare 12 fluid ounces of a 1% (by weight) solution of Hyaluronic Acid and water you should be aware that Hyaluronic Acid should only be dissolved in cold water, never hot. You will need a 16 fluid ounce or larger water bottle or jar with a tightly sealing lid and a 1-teaspoon US Standard measuring spoon. Measure out 1 level teaspoon of Hyaluronic Acid Powder (approximately 1.78 grams by weight) and put that powder into your empty water bottle (use a dry funnel if necessary). Measure out 16 ounces or more distilled or filtered water in a large measuring cup, but do not add to the water bottle with the HA powder just yet. Add sufficient ice to the water and stir the ice around until the water cools to less than 40°F (less than 4°C). Remove the ice and measure out precisely 16 fluid ounces of cold water (about 473 milliliters). Use a funnel if necessary to add the cold water to the Hyaluronic Acid within the water bottle. Seal the bottle and then shake the bottle a few times. The Hyaluronic Acid powder will not appear to dissolve, but will clump up in white masses, and this is normal. Place the water bottle with the Hyaluronic Acid powder and cold water into your refrigerator (do not freeze). Every two to four hours shake the bottle and then put back into the refrigerator. After 4 to 8 hours you will notice that the Hyaluronic Acid clumps are turning clear and dispersing. After 12 to 24 hours the Hyaluronic Acid will be completely dissolved into the cold water forming a thickened and slightly gelatinous liquid, but still pourable. That's it! When your HA powder is completely dissolved and uniformly dispersed into solution you can store your 1% Hyaluronic Solution in the refrigerator and use it as you need it. If you need to keep your 1% Hyaluronic Solution at room temperature for more than a day you should add and dissolve a preservative such as 5 or 6 grams of Ascorbic Acid Powder (Vitamin C). The Ascorbic Acid can most easily be dissolved into the water before adding the ice to cool the water. With the Ascorbic Acid included this Hyaluronic Solution is suitable for both internal and topical use. When this 1% Hyaluronic Acid solution is taken internally, every 1 ounce (two tablespoons) will net approximately 146 milligrams Hyaluronic Acid.

Hope this helps! Re-order info:

Contact Anita Nelson DNAshopper & ModelSupplies @ eBay.com & Etsy.com

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