



## Hyaluronic Acid Powder to Fluid Mixing Instructions

The 100 mg in a "5 gm" jar will create 3 oz of Hyaluronic Acid fluid that is 1% mixture.

The mixing bottle that accompanies your order is a 1 oz bottle unless otherwise specified.

If you mix 1/8 tsp HA powder to the 1 oz bottle of water – you will have 1 oz HA fluid- with 2 more oz waiting to be made, typically.

### Mixing:

Fill the bottle only 1/3 full with room-temperature, bottled distilled water, add the powder, gently shake, add more water, gently shake, fill to top, gently shake. There should have also been a freebie of some kind and a recipe with the 1 oz bottle. This mixture would be used at about 25% of the total mixture, but I have been known to use it directly on my face! Please let me know if you have other questions. Hope this helps!

There also may have been with a 1 oz bottle and probably a sample of DMAE or some other freebie:

### Revised & Amped up a little:

\*4 scoops DMAE (opt)  
\*1/8 tsp. Hyaluronic Acid Powder or  
fill bottle 1/3 of the 1 oz bottle w/HA fluid  
\*3 scoops Salicylic Acid  
\*6 scoops Alpha Lipoic Acid  
\*4 scoops Idebenone/CoQ10  
1 oz. Distilled Water  
Shake! Makes 1 oz. Base  
For "BEST EVER TONER!"  
Use after cleansing, before Moisturizer while your face is still damp!  
Watch results Within 10-20 minutes! Keeps Working as Days go by, too!  
\*All ingredients work "stand alone" or combine any

Hope this helps! Re-order info:

Contact: Anita Nelson at [DNAshopper @ eBay.com](#) [ModelSupplies @ Etsy.com](#)  
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