



## **10 Ways to Whiter Teeth** Brought to you by

1. Carbamide Peroxide gel in overnight trays
2. Blue Light
3. Baking soda & peroxide
4. Smile while you sunbathe – with care!
5. Paint on solutions
6. Rub on solutions in sticks
7. Whitening Strips
8. Whitening Toothpaste
9. Get your teeth cleaned at the Dentist
10. Xoom whitening at the Dentist

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